

Write (or review and edit) your opening chapter following the below steps.

**Step 1:** Write 3 to 4 bullet points about what your opening chapter will include.

**Step 2:** Set your timer for 45 minutes and write using your bullet points as a reference.

**Step 3:** Take a two-minute break and repeat step 3 until the chapter is complete.

**Step 4:** Download the check list and cross check what you have written.

\*If you have already written your first chapter, download the checklist and cross check. Do you need to edit or rewrite your first chapter?